

# NATURAL MANAGEMENT OF MENOPAUSE OR PERI MENOPAUSE



## Finding help is only a call away

- Hormones driving you to distraction?
- Concerned about hormone therapy?
- We can help you manage your symptoms without the use of OTC pills or hormone replacement either natural or prescribed.
- Using different techniques, our practitioners will be able to help you control your symptoms and not your symptoms control you.

**Talk to our Qualified  
Health Practitioners Today  
1300 309 599**



ALL ABOUT A  
**Healthy**  
*you*

**Level 1 / 94 Liverpool Street  
Hobart Tasmania**

**Call Today: 1300 309 599**